



Demoralization in Hospice Patients: Screening, Diagnosis and Management Pre-Conference Workshop Programme*

4 October 2023 (Wednesday), 13:00-18:00

Time	Programme
13:00-13:15	Opening: Workshop Chair - Professor Kissane
13:15-14:00	Professor Kissane: The construct of demoralization. Specific symptom studies (discouragement, entrapment, pointlessness and hopelessness) using network analyses.
14:00-14:30	A/Prof Seon-Young Lim: Korean studies of demoralization, validation of its measurement and prevalence.
14:30-15:00	Professor Kissane – video demonstration of the use of the Psycho-existential Symptom Assessment Scale (PeSAS) in Palliative Care
15:00-15:30	Break
15:30-16:30	A/Prof Natasha Michael: Use of the PeSAS in Clinics: monitoring, treatment and symptom outcomes over time
16:30-17:15	Professor Kissane: Management of demoralization and Psycho-existential distress
17:15-18:00	Panel discussion about the diagnosis and management of Psycho-existential Symptoms in Palliative Care – Prof Kissane; A/Prof Michael, A/Prof Lim

*Note: Rather than be run as a series of lectures, this programme will be run as an interactive workshop drawing contributions from each of the faculty members and the audience. Participants are encouraged to join for the whole workshop to gain a comprehensive understanding of demoralization, its clinical presentations, and its management strategies. However, because APHC is used to naming designated speakers for component parts of a workshop, the following flexible guide is offered.

Key references on which this workshop is based

1. An overview publication

Kissane DW, Grassi L, Fang CK. (2023). Adjustment Disorder and Demoralization. Ch 3 in *Psycho-Oncology in Palliative and End of Life Care*. Editors DW Kissane, M Watson, W Breitbart. Pp. 48-69. New York, Oxford University Press, 2023.

2. History of the construct

Kissane DW, Clarke DM, Street AF. (2001) Demoralization syndrome - a relevant psychiatric diagnosis for palliative care. *Journal of Palliative Care*, 17: 12-21.

Kissane DW (2014). Demoralization – A life-preserving diagnosis to make in the severely medically ill. *Journal of Palliative Care*, 30(4): 255-258

Gan LL, Gong S, Kissane DW. (2021). Mental state of demoralisation across diverse clinical settings: A systematic review, meta-analysis and proposal for its use as a 'specifier' in mental illness. *Australian & New Zealand Journal of Psychiatry*. 1–26. <https://doi.org/10.1177/00048674211060746>

3. Measurement of demoralization



Robinson S, Kissane DW, Brooker J, Michael N, Fischer J, Franco M, Hempton C, Sulistio M, Pallant J, Clarke D, Burney S. (2016) Refinement and Revalidation of the Demoralization Scale: The DS-II – Internal Validity. *Cancer*, 122: 2251-2259. <https://doi.org/10.1002/cncr.30015>

Robinson S, Kissane DW, Brooker J, Hempton C, Michael N, Fischer J, Franco M, Sulistio M, Clarke D, Ozmen M, Burney S. (2016) Refinement and revalidation of the Demoralization Scale: The DS-II – External Validity. *Cancer*, 122: 2260-2267. <https://doi.org/10.1002/cncr.30012>

Bobevski I, Kissane D, McKenzie D, Murphy G, Perera C, Payne I, Lennon J, Michael N, Grossman C, Franco M. (2022). The Demoralization Interview: Reliability and validity of a new brief diagnostic measure among medically ill patients. *General Hospital Psychiatry*, 79: 50-59. <https://doi.org/10.1016/j.genhosppsy.2022.10.002>

Jhon M, Kim SY, Kim JM, Kim SW, Shin IS, Lee JY, Lee JJ, Gwak SR, Kissane DW. (2022). Standardization and validation of the Korean version of Demoralization Scale-II (DS-II-Kr) in cancer patients. *Journal of Korean Neuropsychiatric Association*, 61(2):90-97. <https://doi.org/10.4306/jknpa.2022.61.2.90>

4. Mapping symptoms

Bobevski I, Kissane DW, Vehling S, Mehnert-Theuerkauf A, Belvederi Murri M, Grassi L. (2021) Demoralisation and its link with depression, psychological adjustment and suicidality among cancer patients: A network psychometrics approach. *Cancer Medicine*. 2021;00:1–11. <https://doi.org/10.1002/cam4.4406>

5. Screening for and monitoring psycho-existential symptoms in palliative care

Kissane DW (2022) *Routine Clinical Assessment of Psycho-Existential Symptoms in Supportive and Palliative Care*. Brougham Press, 2022.

Kissane DW, Appleton J, Lennon J, Michael N, Chye R, King T, et al. (2022). Psycho-existential Symptom Assessment Scale (PeSAS) screening in palliative care. *Journal of Pain and Symptom Management*, <https://doi.org/10.1016/j.jpainsymman.2022.08.002>

Kissane DW, Bobevski I, Appleton J; Michael N; King T; Moss G, et al. (2023). Real world experience of change in psycho-existential symptoms in palliative care. *Journal of Pain and Symptom Management*, <https://doi.org/10.1016/j.jpainsymman.2023.05.015>

6. Treatment of Demoralization

Kissane DW & Lethborg C (2019) *Meaning and Purpose (MaP) Therapy Schematic 6-session Session Summary*, Unpublished.

Kissane DW (2022) *Routine Clinical Assessment of Psycho-Existential Symptoms in Supportive and Palliative Care*. Brougham Press, 2022.